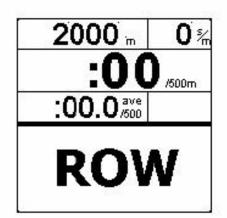
## **ROWERS VIEW DURING START**



This is the first screen that will show on your PM3/PM4 display.



Followed pretty quickly by this one.



There is a random time delay between Attention and ROW

Begin rowing when ROW is visible on your display. If you start early the computer will false start you.

Rowers will be given a warning on the first false start. If two false starts are assessed, the rower may be removed from the race.